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## COMPLAINTS, ACADEMIC APPEALS AND GRIEVANCES

Physis Scotland aims to provide a quality service to all our students and participants attending any of our courses. Physis Scotland recognises however, that there may be occasions where issues arise, and in such cases will endeavour to address and resolve the situation as quickly as possible. All complaints will always be treated seriously, respectfully and confidentially.

### Aims of the Complaints Procedure

Physis Scotland invites all our students and course participants to feedback regularly regarding their training experience. As an organisation, Physis Scotland values the feedback of our students, colleagues, course participants and customers, as it helps us learn and grow. Physis Scotland recognises that our Complaints Procedure provides our students, course participants and customers with another vehicle for offering feedback on the quality of our training provision, which will undoubtedly provide us with the opportunity to learn, grow and improve our service.

Physis Scotland Complaints Procedure covers complaints with respect to breaches to Physis Scotland policies concerning Ethics, Professional Practice, trainers and Physis Scotland's training structure. As a training provider we take complaints seriously and, as such, we have an Independent Complaints Reviewer (ICR) to assess complaints should there be dissatisfaction with the handling or outcome of a complaint.

Physis Scotland Complaints Procedure is in place to ensure:

- All complaints are investigated in a fair, respectful and confidential manner.
- All complaints are resolved as quickly as possible.
- All consequences of mistakes are addressed without unnecessary conflict.

- Complainants are given the opportunity to appeal if they remain dissatisfied with the initial outcome.
- All complaints are seen as an opportunity to learn, grow and improve the quality of our training provision.

### **Access to Physis Scotland Complaints Procedure**

Physis Scotland Complaints Procedure can be accessed in the following ways:

- It can be downloaded from the 'Complaints Procedure' section of the Physis Scotland website [www.physisscotland.co.uk](http://www.physisscotland.co.uk)
- A copy is included in the Physis Scotland Policies and Procedures Handbook, which is shared electronically with all students registered on our Diploma in Counselling using TA and our Diploma in Counselling Supervision programme.
- A hard copy of the Physis Scotland Policies and Procedures Handbook is available in the library of the Physis Scotland premises.
- Whilst Physis Scotland do not have the resources to produce our Complaints Procedure in multiple languages and formats, it can be translated, read out loud and viewed in larger text using standard online tools. Physis Scotland's Learning and Student Support Advisor for assistance is accessing this policy.

### **Who Can Complain?**

- Anyone who is training at Physis Scotland. This includes students on the Physis Scotland Diploma in Counselling using TA, Diploma in Counselling Supervision course, and participants attending short courses such as TA 101 courses and CPD courses.
- Anyone who has enquired about Physis Scotland courses.
- Anyone from another/third party organisation who has enquired about Physis Scotland courses, or who is working with or representing someone who is using or has used our service. For example, a charitable organisation who sends staff members to train with Physis Scotland.
- Physis Scotland will not accept a third-party complaint from a family member or friend of someone accessing the services of Physis Scotland.

### **Anonymous Complaints**

Physis Scotland strives to create an environment where issues can be raised without fear of retribution. However, there may be occasions where a complainant feels unable to personally raise the issue and may submit their complaint anonymously.

Anonymous complaints will be investigated by the Directors of Training, who will use discretion in ascertaining what action should be taken. The level of action taken investigating an anonymous complaint may be limited dependant on the level of information given. By their very nature, it can be complicated to inform the complainant of the process and outcome of the investigation. However, the complaint will be logged on Physis Scotland's Complaint Handling Record and appropriate professional organisations informed.

### **Vexatious or Malicious Complaints**

Vexatious or malicious complaints which have an intention to harm may be received from time to time. As lack of proof does not necessarily mean the complaint is malicious, it is a difficult task to establish whether a certain complaint is filled with malice or not for a genuine reason. Normal protocol with regard to investigation will be followed, until there is enough evidence to establish if the complaint is of a malicious nature or not. If we establish that the complaint is of a malicious nature, we will stop investigating and inform the complainant and the complained against of our decision. The complaint will be logged on Physis Scotland's Complaint Handling Record and appropriate professional organisations informed. Should subsequent similar complaints be received from the same complainant against Physis Scotland, we will not investigate and not enter into correspondence with the complainant.

### **Length of Time to Make a Complaint**

Complainants have up to one year after the incident they wish to complain about for their complaint to be made and accepted for investigation. Any complaint received after this timeframe will not be accepted for investigation.

### **How to Make a Complaint**

Physis Scotland works with the general principle that most complaints occur through miscommunication or misunderstanding and that issues can be resolved by discussion between the parties with appropriate support where necessary. This approach should be sought in the first instance.

A formal complaint must be made in writing to the Directors of Training. This can be in email or letter and must be marked 'confidential'. Please contact:

Directors of Training  
Physis Scotland  
22 Drumsheugh Gardens  
Edinburgh  
EH3 7RN

Tel: 07927 557217

Email: [enquiries@physisscotland.co.uk](mailto:enquiries@physisscotland.co.uk)

Website: [www.physisscotland.co.uk](http://www.physisscotland.co.uk)

If you have any difficulty in making a complaint in writing, please let the Directors of Training know and they will try to help you. This may involve face to face or online translation of the relevant documents describing the complaints process, making contact with an advocacy service for assistance or any other support required to proceed with a complaint. Advocard is Edinburgh's advocacy service and can be contacted on 0131 554 5307 or via [www.advocard.org.uk](http://www.advocard.org.uk)

### **Scope of Complaints**

Complaints made under this procedure may cover any member of staff including primary course tutors, short course trainers, Academic Student Support, Directors of Training and other contractors acting for or on behalf of Physis Scotland.

If the complaint is against a former worker/colleague of Physis Scotland, an investigation will still be conducted for the learning of the organisation and to identify any systemic failures. Wherever possible the complained against will be offered the opportunity to represent their own interest at this investigation. The outcome report of the investigation will be sent to COSCA, but the normal sanction report will not be published. We understand that if the former worker/colleague is still a member of COSCA, COSCA may choose to investigate under their system for dealing with information about members.

### **Confidentiality and Communications**

Physis Scotland will endeavour to address all complaints in a respectful, confidential and timely manner. We will attempt to communicate clearly and directly with all complainants or their representatives.

For the purpose of this policy, Physis Scotland is required by UKATA and UKCP to differentiate between formal complaints, grievances and academic appeals in terms of procedures.

### **Definitions**

**Complaint:** This may relate to issues a student has about any aspect of their training apart from academic decisions.

**Academic Appeal:** This may relate to situations where a student is unhappy about an assessment result.

**Grievance:** Physis Scotland's grievance procedure offers a way of managing any grievance made against Physis Scotland by a member of its staff, a trainer or employee. It covers grievances with respect to breaches to Physis Scotland's policies concerning Ethics, Professional Practice, trainers and Physis Scotland's training structure.

Physis Scotland distinguishes between a complaint and a grievance in that a complaint is made by someone using the services of Physis Scotland, whereas a grievance is usually made by someone that is employed by Physis Scotland either on a formal or a casual basis.

### **Complaints Process**

All members, students and visitors have a responsibility to uphold respectful and polite relating in line with UKATA, COSCA and EATA's professional Codes of Ethics, and it is incumbent upon all to confront any deviation.

Physis Scotland Complaints Process is divided into two parts, an Informal Procedure, which emphasises mediation and resolution at the point where the complaint arose or establishing the grounds and evidence to take the complaint to a more Formal Procedure, if necessary, both of which are detailed below.

### **Informal Procedure (Stage 1)**

In line with the UKATA Code of Ethics, a complaint should initially be made to the person about which the complaint is concerned. Therefore, if a student has an issue concerning any aspect of their training, except for academic results which comes under a separate procedure, they should first seek resolution with the person they wish to complain about in the first instance.

Physis Scotland recommends that the complaint is made:

- As near as possible to the time of origin of the perceived breach of Physis Scotland policy, so as all parties can be clear as possible in remembering the facts of the event in question.
- That a third party (or third parties) are present to witness the complaint being made.

Where required, the seeking of resolution will be mediated by a member of the Physis Scotland Team, or Student Adviser as appropriate. The person acting as mediator will be someone who is not involved in the issue raised.

### **Mediation Process**

The purpose of mediation is to facilitate a satisfactory resolution between the complainant and the complained against.

Participants are asked to approach the mediated meeting with the following in mind:

- To hold self and other in an “I'm OK – You're OK position.
- To account for their own experience, and to account for the other.
- To only raise the issue that is the basis of the complaint.
- To voice what they are hoping for by way of resolution.
- To hold the content of the meeting as confidential.

It is hoped that through this process of mediation, a positive and mutual resolution can be reached.

Physis Scotland recognises however that in some circumstances it may not be possible to resolve the issue raised informally. Where resolution cannot be reached in this way, the following formal procedure will come into effect.

### **Formal Complaints Procedure (Stage 2)**

- The complainant addresses their complaint to the Directors of Training. All formal complaints must be submitted in writing and marked 'Confidential'. The complaint should detail the time and date when the 'problem/event/issue' occurred, the parties involved, the nature of the alleged breach of policy and where possible, efforts made to resolve the issue and their subsequent results.
- On receipt of the written complaint, an assessing officer will be allocated, and the Directors of Training will initially confirm receipt of the complaint and the name of the assessing officer to the complainant. The assessing officer will be either one of the Directors of Training or in the event of any conflict of interest, the complaint will be passed to a third party (an endorsed or qualified TA trainer with no vested interest in Physis Scotland – the Independent Complaints Reviewer, ICR). This will be within three working weeks (\*subject to Physis Scotland being open for business at the time) of the date of the receipt of the complaint.

- In the event of a conflict of interest and an Independent Complaints Reviewer, ICR being appointed, for example: if a complaint is received about Physis Scotland and/or about one or both Directors of Training, Christina Ching, Physis Scotland's Academic Administrator will be the point of contact for both the complainant and the complained against. The complainant and complained against will be provided with Christina's Physis Scotland personal email address to be in touch with her directly, thus ensuring that the complainants correspondence is not seen by those complained against.
- The assessing officer or Christina Ching (in the event of an ICR being appointed), will email a copy of the complaint to the complained against, who will be required to provide a written response within four working weeks (subject to Physis Scotland being open for business at the time) of the date of the receipt of the assessing officer's email.
- Within six working weeks (subject to Physis Scotland being open for business at the time), the assessing officer or ICR will review the complaint against Physis Scotland's policies and where necessary against the policies of external organisations (e.g. UKATA, EATA and COSCA). Where necessary information concerning the alleged breach will be sought from any parties involved.
- Within four working weeks of the complaint being reviewed (subject to Physis Scotland being open for business at the time), the complainant and the complained against may be invited to attend a separate online meeting with the assessing officer or ICR. Should either party decline to meet with the assessing officer or ICR, the procedure will move on regardless. The invitation to attend a meeting is at the discretion of the assessing officer or ICR. The assessing officer or ICR may decide not to offer a separate invitation to the complainant and complained against to meet if they have sufficient evidence and feel that they have understood the written submissions.
- In the event of a meeting being offered, the complainant and complained against will be informed of the date of the online meeting. The purpose of this meeting is two-fold; firstly, to enable the assessing officer or ICR to check that they have understood both parties' submissions, and secondly, to discuss and attempt to resolve the issue. The complainant and complained against may bring someone with them to the meeting for support. The role of the person accompanying the complainant and/or complained against is to provide emotional support only, and in no way to participate or comment on the process. Please note that this person cannot be the therapist of either parties, due to a potential conflict of interest. If the complaint is made against a member of staff, at no time will the complainant meet the person they have complained about during the formal complaints process.
- Upon reviewing the complaint and where applicable, having met separately with both the complainant and/or the complained against, the assessing officer or ICR will give an opinion as to whether there has been a breach of policy.

- The assessing officer or ICR will then write to all parties involved within three working weeks of having reviewed the complaint and/or the meeting having taken place (subject to Physis Scotland being open for business at the time) detailing whether the complaint has been upheld or not and the resulting actions that will be taken by Physis Scotland. At this stage, a mediated meeting may be held in order to seek resolution between parties involved. This stage of the process will normally take no longer than four working weeks.
- A complaint received by Physis Scotland will be discontinued if the complainant refuses or fails to participate at any stage of the Complaints Procedure without good reason, or the complainant formally withdraws the complaint. If a decision to discontinue a complaint is made for either of the previous reasons, all parties will be informed in writing as soon after the decision has been taken.
- We are committed to fostering a safe and supportive environment for everyone. All parties involved will be fully protected against intimidation, retaliation, or discrimination. However, we do take any act of retaliation against an individual who raises a complaint with the utmost seriousness. Such actions could lead to the immediate termination of a student's training or the cancellation of a staff member's contract. Together, we seek to maintain a respectful and thriving community.
- In cases where the complainant is a student, Physis Scotland where possible, will make every endeavour to ensure that the complainant is supported to attend training during the investigation process should they wish to.
- If the complained against is a trainer, where possible, every endeavour will be made to resolve the situation informally before the next training weekend. In cases where this is not possible, the trainer may be invited to step back from training until the investigation is complete and the situation is resolved. Physis Scotland will make every endeavour to support the trainer during this process.

**Please note the following:**

\*Physis Scotland is closed to business on national holidays and when either one or both Directors of Training, and/or the ICR are unavailable.

Should the complaint be in breach of the UKATA, EATA or COSCA Codes, Physis Scotland reserves the right to pass the complaint to the relevant organisation for resolution. In such an event all parties involved will be informed of this decision.

Should it be deemed necessary, Physis Scotland may seek external and/or legal advice concerning a complaint.

Physis Scotland will not be held responsible for any expenses incurred by any party involved in a complaint.



## Upheld Complaints

- Where the outcome is that a complaint is upheld against another Physis Scotland student or a member of staff, Physis Scotland will arrange a meeting with the student or member of staff concerned and make recommendations regarding the action required to bring about resolution of the complaint and what compensating action they may consider appropriate to apply to either party. The student or staff member may bring someone with them to the meeting for support. The role of the person accompanying is to provide emotional support only, and in no way participate or comment on the process. Where the student or staff member is unable to attend the meeting, Physis Scotland will offer two alternative dates. In the event of non-attendance at the meeting or late cancellation following the offer of two alternative dates, Physis Scotland will communicate in writing to the complained against, outlining recommendations regarding the ` required to bring about resolution of the complaint and what compensating action they may consider appropriate to apply to either party. In such circumstances, Physis Scotland will also provide instructions as to how the fulfilment of the compensating action(s) will be monitored, which will be communicated in writing to both the complainant and the complained against. In addition, Physis Scotland will agree how, and by whom, any sanctions imposed will be removed when they have been fulfilled.
- Examples of possible sanctions include:
  - A formal apology to the complainant (refusal to do so may either involve the appeals process or further sanctions).
  - In respect of a complaint being upheld against a trainer, he/she/they will be required to provide an undertaking that they cease to practice in a particular manner, and/or cease to work with particular students or supervisees.
  - The party concerned is required to undertake further training and/or supervision at their own cost.
  - The party concerned is required to undertake further therapy at their own cost.
  - In respect of a complaint being upheld against a student, he/she/they will be required to press 'pause' on their Endorsement to Practice and ongoing clinical work.
  - In respect of a complaint being upheld against a student, he/she/they may be required to take time out from training.
  - An informal warning may be given to Physis Scotland employees, staff or trainers.
  - A formal warning may be given to Physis Scotland employees, staff or trainers. This will indicate further breaches of Physis Scotland policies and procedures and may lead to termination of their contract.

- Termination of contract.
- Termination of contract and the possibility of taking legal action against the party concerned.
- If a resolution cannot be reached, the Directors of Training will discuss what support both parties need to enable them to navigate the situation in a professional and ethical manner.
- If a resolution cannot be reached between the parties concerned, and if it becomes apparent the situation is having an adverse effect on the training group, Physis Scotland reserves the right to either defer a student on a short-term basis (subject to an action plan being fully implemented and adhered to by the student), or terminate with immediate effect the student(s) membership of the training group and exclude the student(s) from further training at any time in a training year (please refer to our [Deferral and Discontinuation Policy](#)). Equally, Physis Scotland reserves the right to terminate a staff member's contract where poor and unethical behaviour has been identified and if sufficient improvement has not been made over a negotiated period of time.

### **Appealing the Decision**

The complainant or the complained against may appeal against the findings of the assessing officer or ICR and/or the resulting actions.

Appeals need to meet the following criteria:

- The appeal must be submitted in writing to Physis Scotland, marked for the attention of the External Examiner/Moderator within four weeks of the date of the notification of the outcome of the formal procedure. In the event of a conflict of interest, for example: if a complaint is received about Physis Scotland and/or about one or both Directors of Training, Christina Ching, Physis Scotland's Academic Administrator will be the point of contact for both the complainant and the complained against. The complainant and complained against will be provided with Christina's Physis Scotland personal email address to be in touch with her directly, thus ensuring that the complainants correspondence is not seen by those complained against.
- They are able to provide evidence in terms of new information, which supports the appeal.
- Physis Scotland's Complaints Procedure was not followed correctly.
- They are able to identify a breach of ethics or Physis Scotland policy during the process.

The appeal will be considered by the External Examiner/Moderator who on examining all the evidence from both parties will decide on a course of action within 6 working weeks of receipt, either giving a decision in writing or specifying a date for the decision. Their written response will be emailed to Christina Ching, Physics Scotland's Academic Administrator, who will disseminate as appropriate.

### **Academic Appeals Procedure**

A complainant has the right to appeal in certain circumstances if he or she is unhappy about an assessment result. The complainant should consider whether the situation may be resolved informally with the marker. A student considering an appeal is encouraged to contact the Academic Student Support Adviser for advice and assistance.

Those involved in the appeal will not re-assess the assignment or appraise the professional judgement of the marker(s) but will consider whether or not the decision was fair, and if all relevant factors were taken into account.

The appeal must be submitted in writing to the Directors of Training, within three working weeks of receipt of the marked assignment. An extension will only be allowed in exceptional circumstances such as when a student, for reasons out with their control did not receive timely notification of the result.

### **Grounds for Appeal**

These are as follows:

- Additional information is now available that was not, and could not have been available to the marker at the time; where had it been available could have led the marker to making a different decision
- An irregularity in the conduct of the assessment.

A student may NOT appeal on grounds which:

- Could have been considered by the marker had information been given prior to submission date.
- The student has no valid reason for having failed to give such information in time.

Please note: disagreement with the academic judgement of the marker is not valid grounds for appeal.

## Academic Appeal

Students should submit their appeal in writing to Physis Scotland Directors of Training within the time limit stated above and include the following information:

- name and student number
- current contact address for correspondence, including email address
- year of programme
- result being appealed
- the grounds for appeal
- supporting evidence
- the resolution being sought

The Directors of Training will acknowledge the Appeal within two working weeks (\*subject to Physis Scotland being open for business at the time) of receipt of the appeal and pass the appeal to the External Examiner/Moderator who shall attempt to resolve the matter, within 6 working weeks of receipt either giving a decision in writing or specifying a date for the decision. Their written response will be emailed to Christina Ching, Physis Scotland's Academic Administrator, who will disseminate as appropriate.

\*Physis Scotland is closed to business on national holidays and when either one or both Directors of Training and/or the External Examiner/Moderator are unavailable.

## Grievance Procedure

Physis Scotland's grievance procedure offers a way of managing any grievance made against Physis Scotland by a member of its staff, a trainer or employee. It covers grievances with respect to breaches to Physis Scotland's policies concerning Ethics, Professional Practice, trainers and Physis Scotland's training structure.

Physis Scotland distinguishes between a complaint and a grievance in that a complaint is made by someone using the services of Physis Scotland, whereas a grievance is usually made by someone that is employed by Physis Scotland either on a formal or a casual basis.

## Registering a Grievance

### Stage 1: Personal Resolution

In line with the UKATA code of ethics, a grievance should initially be made in person to the aggrieved party. Physis Scotland recommends that the grievance is registered:

- as near as possible to the time of origin of the perceived event occurred, so as all parties can be as clear as possible in remembering the facts of the event in question.
- that a third party (or third parties) are present to witness the grievance being made.

### Stage 2: Formal Grievance Process

- In the instance that a satisfactory resolution cannot be found between all parties, the aggrieved will be advised to make the complaint in writing to the Directors of Physis Scotland. The grievance should detail the time and date when the event occurred, the parties involved, the nature of the grievance and efforts made to resolve the issue and their subsequent results.
- On receipt of the grievance, the Directors will initially confirm receipt and agree with the aggrieved a mediating officer to facilitate a resolution between all parties. This will be within four working weeks of the date of receipt of the grievance \*(subject to Physis Scotland being open for business at the time). The mediating officer will be a third party (an endorsed or qualified TA trainer with no vested interest in Physis Scotland).
- A mediation session will then be arranged between the mediating officer and parties concerned, with the intention of resolution between all parties. The mediating officer will then write to all parties involved detailing whether the grievance has been upheld or not and the resulting actions that will be taken by Physis Scotland within two working weeks of the conclusion for mediation sessions. Their written response will be emailed to Christina Ching, Physis Scotland's Academic Administrator, who will disseminate as appropriate.
- In the event of a grievance being upheld, examples of possible sanctions include:
  - A formal apology to the complainant (refusal to do so may either involve the appeals process or further sanctions).
  - In respect of a complaint being upheld against a trainer, he/she/they will be required to provide an undertaking that they cease to practice in a particular manner, and/or cease to work with particular students or supervisees.
  - The party concerned is required to undertake further training and/or supervision at their own cost.

- The party concerned is required to undertake further therapy at their own cost.
- In respect of a complaint being upheld against a student, he/she/they will be required to provide to press 'pause' on their Endorsement to Practice and ongoing clinical work.
- In respect of a complaint being upheld against a student, he/she/they may be required to take time out from training.
- An informal warning may be given to Physis Scotland employees, staff or trainers.
- A formal warning may be given to Physis Scotland employees, staff or trainers. This will indicate further breaches of Physis Scotland policies and procedures and may lead to termination of their contract.
- Termination of contract.
- Termination of contract and the possibility of taking legal action against the party concerned.

Any sanctions imposed will be monitored by The Director of Training or ICR leading the Complaints process at Physis Scotland.

**Please note the following:**

\*Physis Scotland is closed to business on national holidays and when either one or both Directors of Training and/or the mediating officer are unavailable.

Should it be deemed necessary Physis Scotland may seek legal advice concerning a grievance.

Physis Scotland will not be held responsible for any expenses incurred by any party involved in a grievance.

Should either party be unhappy with the findings from the grievance procedure, if they wish to seek further recourse, they are at liberty to appeal the decision using Physis Scotland's Appeals Process.

## Procedure for students raising concerns about another student at Physis Scotland:

The below procedure will be followed if any Physis Scotland student wishes to raise a serious concern about another student's conduct in the training space, or an ethical concern in relation to a student's practice:

- The complainant should firstly raise their concerns with their year trainer.
- The trainer will then inform the Directors of Training of the concerns raised. As a staff team, Physis Scotland will then discuss the concerns raised and consider this alongside internal guidance on student conduct and responsibility, such as the Physis Scotland Contract of Mutual Responsibility.
- Following the above process, Physis Scotland Directors and trainer(s) will make a collective decision about how best to proceed.
- In most cases, Physis Scotland will then respond in one of the following ways:
  - The Year trainer and a Director of Training will arrange to meet with the student raising concerns to establish the facts of the situation and what they would like to happen. Part of this discussion will involve talking about how a resolution can be reached and what support the student may need in this process. For example: the Year Trainer and a Director of Training facilitating a meeting between both students.
  - If a student chooses to raise concerns having witnessed a student's behaviour towards a fellow student, the Year trainer and a Director of Training will arrange to meet with the student raising concerns to establish the facts of the situation and what they would like to. Following this process, Physis Scotland's Directors and Year Trainer will make a collective decision about how best to proceed. This may involve initiating discussions with the student whose behaviour concerns have been raised about, as well as the student who was the recipient of the behaviour being reported.
  - Depending on the severity of the concern raised, the Directors of Training may decide to activate Physis Scotland's Informal Complaints Process – an example of this being in the case of gross misconduct, alleged bullying or concerns about a student's ethical conduct/practice. In the event of Physis Scotland's Informal Complaints Process being activated, a Director of Training will initiate contact with the student concerned to inform them that another student has made allegations about their behaviour and/or practice and confirm the nature of the allegations. The Director of Training will also advise the student that due to the seriousness of the allegations raised, Physis Scotland's Informal Complaints Procedure has been activated to endeavour to seek a resolution and/or establish the grounds and evidence to take the process to a more Formal Procedure, in which case a full investigation will need to take place.

- The Directors of Training will meet with the student concerned to discuss the nature of the allegations and to offer the student an opportunity to respond, along with discussing what outcome they would like to happen.
- Once the Directors of Training meet with both students, both parties will be invited to talk through what has happened in a facilitated and supported space.
- If a resolution cannot be reached, the Directors of Training will discuss what supports both students need to enable them to attend and be present in the training environment, whilst being able to navigate the situation in a professional and ethical manner.
- If a resolution cannot be reached between the students concerned, and if it becomes apparent the situation is having an adverse effect on the training group, Physis Scotland reserves the right to either defer on a short-term basis (subject to an action plan being fully implemented and adhered to by the student), or terminate the student(s) membership of the training group and exclude the student(s) from further training at any time in a training year.
- Physis Scotland reserves the right to either defer on a short-term basis (subject to an action plan being fully implemented and adhered to by the student) or terminate a student's membership of the training group and exclude the student from further training at any time in a training year in the event of the allegations made by a fellow student being upheld and depending on their severity. Conversely, if Physis Scotland discover that concerns raised or a complaint made about a fellow student are malicious, Physis Scotland reserves the right to terminate the complainant(s) membership of the training group and exclude the student(s) from further training at any time in a training year (please refer to our Deferral and Discontinuation Policy).
- In the event of the concerns raised about a student being upheld and a resolution reached, the Directors of Training will meet with the student concerned and co-create an action plan to support the student. This may involve pressing 'pause' on a student's Endorsement to Practice and clinical work, engaging in additional personal therapy and/or taking time out from training.

## Monitoring of Complaints

Physis Scotland will keep a record of all complaints received. Anonymous and vexatious complaints will also be recorded, including the reasons for the decision to pursue or not to pursue the complaint. Complaints will be monitored regularly by the Directors of Training. Once a complaint has been concluded, an 'Outcome Report to COSCA at the Conclusion of Complaints Proceedings' will be submitted to COSCA within one month. Records of complaints will be kept for a period of five years.



## Complaints to COSCA

COSCA is the professional body for counselling and psychotherapy in Scotland. It provides formal professional validation for Physis Scotland Diploma in Counselling using TA and Diploma in Counselling Supervision programme and we are therefore also covered by the COSCA Complaints Procedure.

In the event that a complaint is not resolved satisfactorily by Physis Scotland Complaints, Appeals and Grievances Procedures, it is possible to make a complaint to COSCA who will determine whether or not Physis Scotland followed their own complaints procedure. \* This must be submitted to COSCA within one calendar month of the ending of the Physis Scotland Complaints process.

\*Please note that COSCA does not re-investigate complaints previously submitted to member organisations but instead reviews how member organisations followed their own complaints procedure. COSCA do review any evidence the complainant and complained against choose to submit as part of this process.

On receipt of the complaint, COSCA will convene an Ethics Committee who will either verify that Physis Scotland's Complaints Procedure has been followed and that the outcome was lawful, reasonable and properly explained or not. Their contact details are below:

COSCA  
16 Melville Terrace  
Stirling  
FK8 2NE

Tel: 01786 475140  
Email: [info@cosca.org.uk](mailto:info@cosca.org.uk)  
Website: [www.cosca.org.uk](http://www.cosca.org.uk)

COSCA will publish upheld complaints and their sanctions regarding COSCA individual members or member organisations such as Physis Scotland.

**Physis Scotland regularly review our Complaints Procedure. This Complaints policy was last updated on 24<sup>th</sup> February 2025.**